

TOKYO MENTAL HEALTH PRESENTS

KEEPING THE LOVE YOU FIND

Whether you're single, divorced, widowed or in a committed relationship our safe and supportive workshop provides the opportunity to explore yourself and develop healthier and more successful relationship. This workshop covers the basics of healthy relationships, effective communication, and will guide you in Identifying the traits you unconsciously look for in partners

Saturday, January 25 2020

15:00-17:00

**Yokohama Country & Athletic Club
Bay View Room**

Free Event! RSVP by QR or emailing
nicole@tokyomentalhealth.com

Michael Nevans is a California Licensed Marital and Family Therapist in Tokyo. Michael specializes in individual, couples, family, and group therapy for teenagers and adults dealing with anxiety, depression, trauma, adaptation struggles, grief & loss, and relationship issues. He has also spent over seven years working in the field of Alcohol and Other Drug (AOD) treatment. Michael is currently the director of psychological services at Tokyo Mental Health.



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